

## PIEDMONT PROGRESSIVE PRESCHOOL

### EMERGENCY PLAN FOR ALLERGIC REACTIONS

ALLERGY TO: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Does the child have asthma?    \*YES    NO    (\*High Risk for severe reaction)

| SYSTEMS | SYMPTOMS                                                                            |
|---------|-------------------------------------------------------------------------------------|
| Mouth   | Itching & swelling of the lips, tongue, or mouth                                    |
| Throat  | Itching and/or a sense of tightness in the throat, hoarseness, and/or hacking cough |
| Skin    | Hives, itchy rash, and/or swelling about the face or extremities                    |
| Gut     | Nausea, abdominal cramps, vomiting, and/or diarrhea                                 |
| Lungs   | Shortness of breath, repetitive coughing, and/or wheezing                           |
| Heart   | "Thready" pulse, fainting                                                           |

**The severity of symptoms can quickly change. All of the above symptoms can potentially progress to a life-threatening situation.**

#### Action for MINOR reaction:

If symptom(s) are: \_\_\_\_\_

☐ Administer: \_\_\_\_\_  
Medication/dosage/route

☐ Then call: \_\_\_\_\_  
Parent/Guardian and Health Care Provider

☐ If condition does not improve within 10 minutes, follow steps for Severe Reaction below

#### Action for SEVERE reaction:

If symptom(s) are: \_\_\_\_\_

☐ Administer: \_\_\_\_\_  
Medication/dosage/route IMMEDIATELY!

☐ Call: 911 (Never hesitate to call 911)

☐ Call: Parent or Guardian

☐ Call: Health Care Provider

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Health Care Provider Name: \_\_\_\_\_

Health Care Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_